

**INTRAMURAL RECREATIONAL SPORTS**  
**Presents**

**PUNT, PASS, & KICK**

Location: Student Recreation Multi-Purpose Field (southwest of Student Recreation Center)

Entry Form: Must register online at <http://recreation.truman.edu/intramuralhome/index.asp>

Competition: Men's & Women's; Open & Greek & Organizational  
(Greek organizations may enter 10 participants in the Greek Division. Organizations may enter up to 10 participants in the Organizational Division. The top 5 scoring participants for a team will constitute the aggregate score of the team)

Schedule: Specific times and dates for competition to be posted on the Truman State University site at [recreation.truman.edu](http://recreation.truman.edu) and on the Intramurals bulletin board at the SRC.

Rules:

1. Equipment:

- a. All equipment will be provided by Recreational Sports. Participants must use the balls and tees provided. Men will use a regular size football and women will be given the option to use the regular size or intermediate size football. Only athletic shoes may be worn.

2. Each participant will be allowed 3 trials at each discipline. They will be required to punt, pass, and kick down a straight line. Points will be scored depending on the distance and accuracy of each try of each event. The punt, pass, and kick must stay within the allotted perimeter to be counted. The best of the three attempts at each discipline will count toward the overall point total. Contestants may not use more than a three-step approach with each event.

3. Punting Rules:

- a. Contestants may not cross the starting line at any point [fault] during the kick or in the follow through after the kick.

4. Passing Rules:

- a. Contestants may not cross the starting line at any point [fault] during the throw or in the follow through after the throw.

5. Kicking Rules:

- a. Once the ball is placed on the tee, participants have 10 seconds to begin the approach.

*Reminder:*

*ALL Intramural rules posted in the handbook are applicable with this sport. Each participant is responsible for reviewing Student Recreation Center guidelines and Intramural guidelines available on the website before participating in any event. <http://www.recreation.truman.edu>*

Reschedule requests:

This event is one day only and will only be rescheduled due to inclement weather.

Please contact, the Intramural Office, 660-785-4467 if you have any questions.