



**INTRAMURAL RECREATIONAL SPORTS**  
**Presents**  
**Co-Rec VOLLEYBALL**



**Location:** East & West Courts of the Main Gymnasium in the Student Recreation Center

**Entry Form:** Must register online Must register online at  
<http://recreation.truman.edu/intramuralhome/index.asp>

**Competition:** OPEN Co-Recreational

**Schedule:** **Single Elimination Tournament** with up to 3 league games depending on amount of teams entered.

**Rules:** National Federation High School rules will be used with the following points of emphasis and local differences.

1. The net will be situated eight feet above the floor during competition. The curtains and bleachers are out of bounds. The Ceiling and Basketball hoops are playable.
2. Six players per team are permitted on the court. Four players must be present in order to start a match. The acceptable combinations to begin a match are: 2 male/2 female, 2 male/3 female, 3 male/2female, 3 male/3 female. Males and females must alternate positions on the court.
3. There are no restrictions on males or females at the net. If a team hits a ball more than once, both genders must touch the ball before it is returned to the opposing team.
4. *Unlimited substitutions are allowed as long as one player does not occupy more than one position in the service order during a single game.*
5. Rally scoring will be used for all games. A point will be awarded with each serve. The first team to score 25 points, winning by two points, in games 1&2 will be the winner. The first team to score 15 points in game three will be the winner. The match will be won by the first team winning two games.

**Reminder:**

*ALL Intramural rules posted in the handbook are applicable with this sport. Each participant is responsible for reviewing Student Recreation Center guidelines and Intramural guidelines available on the website before participating in any event.*

Complete rules for Volleyball are available on the Intramural website: <http://www.recreation.truman.edu>

Please contact the Intramural Office, 660-785-4437, if you have any questions.

