

INTRAMURAL RECREATIONAL SPORTS
Presents

CO-REC BASKETBALL

Location: Student Recreation Center; Monday – Thursday, 6:00pm – 11:00pm

Entry Form: Must register online at <http://recreation.truman.edu/intramuralhome/index.asp>

Competition: Co-Rec in the OPEN Division

Equipment:

Clean, non-marking shoes must be used per Student Recreation Center policy. Teams must wear jerseys with clearly visible numbers (no tape). Teams without jerseys may use Intramural pinnies.

Schedule: Up to 3 league games followed by single elimination tournament.

Rules: National Federation of State High School Associations and Truman Intramural Recreational Sports basketball rules will be used with the following exceptions.

1. Team rosters are limited to 10 players. Teams must have a minimum of 4 players present at game time to avoid a forfeit.
 - a. A team shall consist of five players. Of these two, the following configurations of male/female players are legal:
 - 1.) Three women, two men.
 - 2.) Two women, Two men
2. Restrictions for Male Players:
 - a. **There will be no lane restrictions regarding males. Males may enter the lane at any time they choose.**
 - b. **There is no restriction on Males guarding females.**
3. Players shall report their names and numbers to the Scorekeeper before the beginning of the game.
4. The bonus free throw situation will occur when a team has accumulated 7 fouls in a half. The seventh foul results in the bonus free throw attempt that will consist of one initial shot and one bonus shot when the initial shot results in a point. Once a team has accumulated 10 fouls in a half, a double bonus will be awarded. The offended player will receive two shots regardless of whether or not the first shot results in a point.
5. Games will consist of two halves of sixteen minutes each. The clock will run continuously in the first half. In the second half, the clock will run continuously until there are two minutes remaining. Inside two minutes, the game will be played according to NFHS timing regulations. The clock will also be stopped at any time for injuries. three minutes will elapse between halves. Overtime will consist of two-minute periods until a winner is determined for playoffs only. During each overtime period, the clock will run continuously during the first minute and will run according to NFHS timing regulations in the last minute.
6. Each team is allowed two time outs per regulation game and one time out for each overtime period. Time outs shall be 1 minute in length and will not carry over from period to period.
7. Neither dunking the ball nor hanging on or grasping of the rim will be permitted. Violators will be ejected from both the game and the Student Recreation Center and will be subject to further penalties through the Student Recreation Center.
8. **Mercy Rule:** Any game in which a team is leading by 30 points will be stopped.

Reminder:

ALL Intramural rules posted in the handbook are applicable with this sport. Each participant is responsible for reviewing Student Recreation Center guidelines and Intramural guidelines available on the website before participating in any event.

Complete rules for Basketball are available on the following website: <http://www.recreation.truman.edu>

Please contact the Intramural Office, 660-785-4467, for any questions.