

Intramural Swim Meet

Registration Form

Team/Org/Individual Name _____

IM Chair / Captain Name _____ Email Address: _____

Division (Greek, Org, Open) _____ Phone Number: _____

Please bring completed registration form to the Student Recreation Center by Monday March 26th by NOON and turn in registration form to the Members Services Desk.

Men's & Women's; Open, Greek & Organizational (A contestant may compete in a total of four events. Greek/Organizational teams may enter only one team per relay and two swimmers per individual race.) Each IM Chair/Captain will receive a email confirmation regarding their registration for the Intramural Swim Meet. Please write **legibly** on this form, if I can not read it, then your team will not be entered in to the events. ALL participants listed on this sheet must be registered on IMLeagues in order to compete.

Intramural Swim Meet will be held on Wednesday, March 28th at the Pershing Natatorium. Doors will open at 6:30 PM with the Meet Starting at 7:00 PM. Anyone not in attendance when an event is set to begin, will not be allowed to compete. Participants need to be checked in before their event begins.

Rules

1. Warm-up starts at 7:00pm and the shallow area is available for warm-ups and cool-downs
2. Access to the deck and locker rooms is ONLY for swimmers and those working the meet
3. The announcer will use megaphone to inform participants who is up, on deck, and in the hole
4. Starting the events:
 - a. Announcer will say "Swimmers step up", "take your mark" (wait 3 seconds—then a quick whistle)
 - b. There will not be use of starting blocks
 - c. No Diving
5. Hand must touch the wall, flip turn allowed only on Backstroke & Freestyle
6. No rest between heats—Everyone needs to quickly exit the water after each heat
7. Events may not be held in the same order listed below; Race order TBD.

Event 1: 200 Medley Relay

1. Backstroke _____
2. Breaststroke _____
3. Butterfly _____
4. Freestyle _____

Event 5: 200 Free Style Relay

- 1 _____
- 2 _____
- 3 _____
- 4 _____

Event 2: 50 Free Style

- 1 _____
- 2 _____

Event 6: 100 Free Style

- 1 _____
- 2 _____

Event 3: 50 Butterfly

- 1 _____
- 2 _____

Event 7: 100 Individual Medley

- 1 _____
- 2 _____

Event 4: 50 Back Stroke

- 1 _____
- 2 _____

Event 8: 50 Breast Stroke

- 1 _____
- 2 _____

By listing my name on the registration form for the Intramural Swim Meet, I agree to the terms of the Waiver of Liability.

