

Truman State University | Student Recreation Center

~ Aerobics Room Schedule SPRING 2018

NOTE: During posted OPEN hours, the preferred activity listed has “bumping privileges”. Other activities may occur if the room is empty. If an individual requests to use the space for the preferred activity, the other activity must cease within 5 minutes.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:30-7:30 am	Open Dance	Open Dance	Open Dance	Open Dance	Open Dance	Closed	Closed
7:30-9:00 am	Open Yoga	Open Dance	Open Yoga	Open Dance	Open Yoga	Closed	Closed
9:00-10:00 am	Open Yoga	Open Table Tennis	Open Yoga	Open Table Tennis	Open Yoga	Open Dance	Closed
10:00-10:25 am	Closed For Cleaning	Closed For Cleaning	Closed For Cleaning	Closed For Cleaning	Closed For Cleaning	Open Dance	Closed
10:30-11:00 am	Open Table Tennis	Open Yoga	Open Table Tennis	Open Dance	Open Table Tennis	Open Dance	Closed
11:00-11:55 am	Open Table Tennis	Open Yoga	Open Table Tennis	Open Dance	Open Table Tennis	RESERVED Campus Recreation	Open Yoga
12:00-1:00 pm	Open Meditation	RESERVED Campus Recreation	RESERVED Campus Recreation	RESERVED Campus Recreation	Open Meditation	RESERVED Campus Recreation	Open Table Tennis
1:00-2:00 pm	RESERVED Table Tennis Club	Open Dance	RESERVED Table Tennis Club	Open Yoga	Open Dance	RESERVED Campus Recreation	Open Table Tennis
2:00-2:55 pm	RESERVED Table Tennis Club	Open Yoga	RESERVED Table Tennis Club	Open Yoga	Open Dance	Open Stretching	Open Dance
3:00-4:00 pm	RESERVED Campus Recreation	RESERVED Campus Recreation	RESERVED Campus Recreation	RESERVED Campus Recreation	Open Stretching	Open Stretching	Open Dance
4:00-5:00 pm	RESERVED Campus Recreation	RESERVED Campus Recreation	RESERVED Campus Recreation	RESERVED Campus Recreation	RESERVED Campus Recreation	Open Table Tennis	@ 4:30 RESERVED TSODA
5:00-6:00 pm	RESERVED Campus Recreation	RESERVED Campus Recreation	RESERVED Campus Recreation	RESERVED Campus Recreation	Open Dance	Open Table Tennis	RESERVED TSODA
6:00-7:00 pm	RESERVED Campus Recreation	RESERVED Campus Recreation	RESERVED Campus Recreation	RESERVED Campus Recreation	Open Dance	Open Table Tennis	Open Yoga
7:00-8:00 pm	RESERVED Campus Recreation	RESERVED Campus Recreation	RESERVED Campus Recreation	RESERVED Campus Recreation	Open Dance	Closed	Closed
8:00- 9:25 pm	RESERVED ILLUSION DANZ TEAM	Open Dance	Open Dance	Open Dance	Closed (9:00)	Closed	Closed
9:30-10:55 pm	RESERVED TSODA	Open Dance	RESERVED ILLUSION DANZ TEAM	RESERVED TSODA	Closed	Closed	Closed